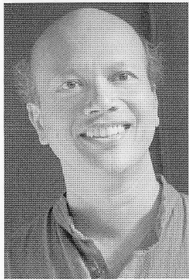


New and Departing IAYT Board Members

By John Kepner, IAYT Executive Director

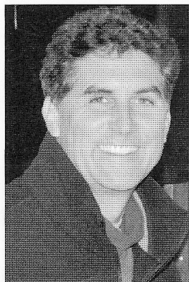
I am most pleased and proud to present the four new board members elected at IAYT's annual board meeting in February 2011. You will be able to meet all the board members at SYTAR later in the year.

New Board Members



Bidyut K. Bose, PhD, is a long-time student of Indian philosophy and world religions. Having earned his PhD in Computer Science from University of California, Berkeley, his present research interests include the science of flexibility and the

mechanisms of aging, and the scientific application of Raja Yoga for common chronic conditions and special populations. Inspired by Swami Vivekananda, he founded Niroga Institute, a nonprofit organization dedicated to providing affordable, high-quality Yoga instruction and Yoga therapy to underserved individuals and families.



Bob Butera, E-RYT, MDiv, PhD, is the founder of The Yoga-Life Institute and publisher of *Yoga Living* magazine in the greater Philadelphia, Pennsylvania market. Bob studied Yoga with Dr. Jayadeva Yogendra at The Yoga Institute of

Bombay and later obtained his PhD in Yoga Philosophy at The California Institute of Integral Studies. He holds a Master of Divinity from The Earlham School of Religion. Bob trains Yoga and meditation instructors in Devlon, Pennsylvania; Exeter, New Hampshire; and Brantford, Ontario. Bob emphasizes a holistic exploration of Yoga and is known for teaching ancient classical Yoga principles in a practical and relevant way that connects students with their own divinity. Bob's book, *The Pure Heart of Yoga: Ten Essential Steps for Personal Transformation*, was released by Llewellyn Worldwide in September 2009. Starting in 2011, the Institute offers comprehensive Yoga therapy training.



Ellen Fein, LCSW, RYT 500 is a licensed clinical social worker, a registered Yoga teacher, and a certified Yoga therapist. She spent more than 20 years working in the mental health field, much of that time as the CEO of a rural mental health center.

As a result of her husband's illness and death, and then her own experience with cancer, she is now working as a Yoga therapist and cancer coach, with an emphasis on mind-body medicine; supporting individuals living with cancer; and teaching Yoga for healing, writing, and public speaking. She is also on the faculty for the Center for Mind-Body Medicine.

Ellen combines her professional skills with true warmth and the ability to support individuals in finding their own unique path in healing.



Susan Gould-Fogerite, PhD, is director of research at the Institute for Complementary and Alternative Medicine and associate professor, Primary Care, at the School of Health Related Professions, University of Medicine and Dentistry of New

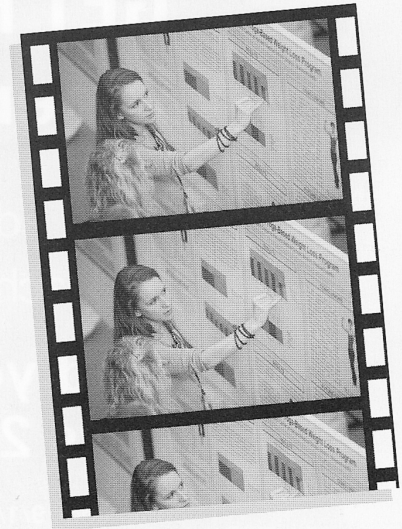
Jersey. She is a researcher in mind-body science, vaccinology, mucosal immunology, drug delivery, and gene therapy. In addition, she is a lecturer; writer; inventor; Hatha Yoga, meditation, and breathwork teacher; and a Reiki energy healer. She is also a founder of BioDelivery Sciences International.

Departing Board Members

Clare Collins, RN, PhD; and **Betsy Murphy BSN, RN, RYT, HN-BC**

Clare served four years on the board of IAYT and, among many contributions, she was instrumental in launching and guiding the standards effort. Betsy served two years. She and Clare were instrumental in developing the internal infrastructure of IAYT to put us on a more sustainable foundation. We are most grateful for their service to IAYT. I encourage you to thank them yourself as you meet them on the Yoga path. **YTT**

New IAYT Videos!



IAYT now has two inspiring short videos by filmmaker Bob Belinoff of Digital WkShop.

An Introduction to IAYT spotlights some of our contributions to the field of Yoga therapy and healthcare.

IAYT: Scenes from SYR 2010 and Invitation to SYR 2011 at Kripalu also features IAYT's mission but with an emphasis on our recent research conference, the Symposium of Yoga Research (SYR), which took place in October 2010 at the Himalayan Institute in Honesdale, PA, and an invitation to the next SYR at the Kripalu Center for Yoga & Health in the Berkshires of western Massachusetts this coming September. We hope that you will take a look, and we encourage you to share these with friends and colleagues who are interested in IAYT and our mission. You can access the videos from links posted on our home page. **YTT**

Bob Belinoff has been nominated four times for the prestigious International Freddy Award, often considered the "Oscar" of health science film production. In 2002 he won the Freddy in the category of Behavior Health. Digitalwkshop.com.

